



Sarah Allen, Esq.

Florida Supreme Court Certified Civil Mediator

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Executive Summary

Sarah Allen is a Florida Supreme Court Certified Mediator with over a decade of litigation experience and a deep understanding of personal injury and insurance matters. She brings calm, focus, and practical insight to mediation, helping parties move forward with clarity. Her approach is grounded in trust, preparation, and an ability to connect with people on both sides of a dispute.

Mediation Rates

- Two-party mediations are billed at \$200 per party per hour.
- Three-party mediations are billed at \$150 per party per hour.
- For four or more parties, a rate will be provided upon request.

A “party” refers to all individuals represented by the same attorney.

Minimum Booking

- Half-day mediations: 3-hour minimum per party
- Full-day mediations: 4-hour minimum per party

Cancellation Policy

To avoid a cancellation fee, notice must be provided at least two business days in advance. If a session is canceled or rescheduled with less notice, the minimum fee may apply. To maintain neutrality, the fee is shared equally among all parties, regardless of which party initiates the change.

Session Format

Mediations are available via Zoom or in-person. There is no additional charge for Zoom or for use of Sarah’s Jacksonville office space when available.

Areas of Expertise

- Personal Injury & Wrongful Death
- Premises Liability
- First-Party Property Claims
- PIP, UM/UIM & Insurance Coverage Disputes
- Elder Care & Adult Guardianship Matters
- General Civil Litigation

Professional Affiliations

- The Florida Bar
- Jacksonville Bar Association – ADR Section
- Jacksonville Women Lawyer Association (JWLA)
- Florida Association for Women Lawyers (FAWL)
- The Chester Bedell American Inn of Court
- Active in community leadership and service roles in Jacksonville, including Wolfson Children's Hospital, and the American Cancer Society

Certifications & Specialized Training

- Florida Supreme Court Certified Circuit Court Mediator
- Advanced Mediation Techniques - Jacksonville Justice Association CLE (2024)

Honors & Recognitions

- Co-Chair, Women's Board of Wolfson Children's Hospital First Coast Design Show (2025)
- Chair, American Cancer Society's Cowford Ball (2022); Co-Chair (2023)
- Recognized within Morgan & Morgan for trial performance and client results
- Super Lawyers Rising Star - Civil Litigation (2018-2025)

Education

- J.D., Florida State University College of Law
 - Moot Court Team
 - Judicial Clerk, First District Court of Appeal (Judge Stephanie Ray)
 - Judicial Clerk, Second Judicial Circuit (Judge Dawn Caloca Johnson)
- B.A., University of North Florida